



DAY TRIP RISK ASSESSMENT CHECKLIST

u3a Name: Ards Peninsula	Date: 10/01/2024
Name of person completing risk assessment checklist: Michael Sidwell	
Interest Groups: <ul style="list-style-type: none"> City Breaks Days Out 	
Description of Activity: A like-minded group of people spending time visiting a location, be it in the United Kingdom or elsewhere and taking in the sights, dining out etc.	

This checklist is to help in the planning for a day trip. This isn't an exhaustive list, so think carefully about any specific risks you may encounter. It is likely that you will need to add to this risk assessment checklist. This form can (and should) be altered to suit specific trip requirements.

Where you identify a particular risk, you should note the actions you will take to reduce the risk. It's important to carry out a risk assessment before the trip takes place and you can add to this during your trip.

Please note: Members of the group should take responsibility for wearing appropriate clothing, bringing their own medication etc.

	Risk Assessment Checklist	Yes	No	N/A	If no, what actions will you take to mitigate this risk?
Organising the trip	Has the committee Chair (or nominated committee member) been made aware of the trip and been given a copy of the itinerary, contact details and attendees?	Yes			n.b. Always include the Ards u3a Groups Coordinator in each trip's activity
	Have all the participants been given the trip itinerary and details of the travel arrangements?	Yes			
Member Safety	Have the names and contact details of all the members attending been collected and given to the Group Leader?	Yes			
	Have all the participants supplied the details of a person/next of kin who can be contacted in an emergency, and is this stored securely?	Yes			





	Have all participants been made aware of the emergency procedures (such as what to do if someone becomes lost or injured)?	Yes			
	Is there a first aid box that is fully stocked and regularly checked?				
	Have members been reminded to pack appropriate clothing/footwear for specific activities on the trip if appropriate (e.g., swimming, walking)?	Yes			
	Have members been reminded to bring any items they may need (such as medication) for the trip?	Yes			

Other identified risks:	What will you do to mitigate these risks?

u3a	Day Trip Risk Assessment Checklist		The Third Age Trust
Version	Description of changes	Date of change	Review date
1.0	Original Checklist	12.09.2022	12.09.2023
2.0	Specific for Ards Peninsula	10/01/2024	

